

WEEKLY E-LETTER -- Nov. 7, 2017

Grace and Peace to you this day!

I hope you have made plans to get your flu shot soon. If you are feeling unwell, here are some of the symptoms which you should let your doctor know about:

Acute onset of respiratory illness with history of fever and cough, with one or more of the following:

- Sore throat , • Muscle pain, • Joint pain OR • New onset of fatigue

Lots of yummy apple pies were made last week and now we are preparing to purchase our Christmas wreathes, and supporting Grandmothers Helping Grandmothers. Seems strange given that it is 17 degrees as I write!

Nonetheless, I am getting my snow tires on tomorrow. Also tomorrow, the Seniors have their monthly gathering and one of the things they will be treated to are some of my photos from Florence and Venice. Come and join us at 1:30 Tuesday in the Parlour. P

I want to make you aware of some of the special relief work currently being sponsored by The United Church of Canada.

In one of the programs that has received support from our

Extreme Hunger Appeal, the Adventist Development and Relief Agency (ADRA) is working in the Baidoa District in southwestern Somalia, with around 1,040 households. Many of these families are newly displaced from rural areas because they have run out of food and lost livestock and crops as a result of the drought. Families (about 6,200 individuals) received vouchers to locally purchase core food supplies including rice, maize, beans, and oil. Working with other members of the Canadian Foodgrains Bank in an ecumenical response to the extreme hunger in South Sudan, The United Church of Canada also contributed to a food assistance project coordinated by ADRA in Kapoeta North, South Sudan. In 68 villages, 3,376 households (around 13,500 people) received assistance from the project. Despite heavy rain that made access to some villages difficult, the distribution of oil, beans, and sorghum has made a real difference to the lives of these families.

As cholera and other water-borne diseases are a consistent background threat, ADRA was also able to include some sanitation and basic health initiatives in the response.

Ongoing relief efforts remain hampered by the widespread displacement of people, conflict, and extreme weather patterns, including drought in some areas and flooding in others. The need for aid remains urgent. The United Church of Canada continues to invite contributions to the Extreme Hunger Appeal to support ongoing efforts in the region.

For more information, please contact:

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May you know God's presence in your life this week.

Rose~Hannah